

Counseling & Therapy

Program Highlights

- Masters-level clinicians provide accessible, trauma-informed outpatient mental health services and equine-assisted therapy at locations across the state. These services empower youth and families to navigate anxiety, depression, grief, trauma, and behavioral challenges in safe, supportive environments.
- Therapy services are offered throughout the state, both in person in our Boise and Coeur d'Alene offices and via TeleMental Health.
- We provide equine assisted therapy for those youth and families finding difficulty with traditional counseling.

Be Part of the Solution for Idaho's most vulnerable youth.

Help youth heal, grow, and thrive—right in their own communities. Our licensed clinicians and certified equine specialists work hand-in-hand to provide individualized treatment plans, whether in a traditional office setting or alongside one of our incredible therapy horses.

Sponsorship opportunities include:

- Supporting one of our outpatient therapy centers for a full month
- Funding multiple group therapy experiences for youth
- Providing a full course of therapy for a child in need

Your support ensures that no child has to face mental health challenges alone.

Helping youth heal through proven therapies



Boise Counseling & Therapy Center near St. Alphonsus Regional Medical Center.



Coeur d'Alene Counseling & Therapy Center, located at our Anchor House Campus.



Idaho Youth Ranch has earned The Joint Commission's Gold Seal of Approval.



Partner with us!